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Revitalize for Fall at the Spa at Rowes Wharf

Prepare Your Skin for Colder Temperatures with an Energizing Harvest Facial

Boston (October 6, 2008) – As crisp, cool fall air sets in and the leaves begin to change, it's time to prepare for colder temps – trading flip flops for boots and pulling warm jackets from storage. Preparing our skin for dropping temperatures and the cold, New England wind is also a must, and the Spa at Rowes Wharf has the perfect treatment to prime us for facing the elements. Inside the Five Star Boston Harbor Hotel, the luxurious Spa at Rowes Wharf offers the perfect retreat from increasingly chilly fall days. The energizing Harvest Facial will leave you feeling invigorated, fresh-faced and ready to take on the changing season.

The Harvest Facial (\$130) will help free your skin of signs of aging often caused by the sun, environment or harsh weather conditions. This decadent treatment is enhanced with pomegranate, quince apple and wild plum – rich with antioxidants that help fight free radicals, the number one cause of aging. The Harvest Facial deeply cleanses the skin and exfoliates away damage caused by the summer season. This luxurious treatment is designed to hydrate and deeply protect skin from harsh weather and dehydrating conditions. The experience will leave your skin feeling energized, warm and silky smooth.

The Spa at Rowes Wharf ensures that you and your skin are well cared for during every season. From the very basic treatments to the most advanced, decadent therapies, the Spa at Rowes Wharf ensures a unique and calming experience to nurture the body and soothe the soul. The Spa offers a wide variety of treatments for the face and body. Relax, restore and rejuvenate in our remarkable spa oasis.

About The Spa at Rowes Wharf:

Recognized as one of Boston's premier full-service day spas, the Spa at Rowes Wharf invites guests to experience a complete range of services at one of the most luxurious health and fitness centers in New England, where state-of-the-art facilities and unmatched service converge. The Spa offers a host of natural treatments including massage, facials, body treatments, manicure and pedicure. Our health club is furnished with the latest in exercise equipment, offering a variety of fitness programming. Whether guests aim to enhance the body or soothe the mind, our spa and fitness facility is designed to accommodate every wish. For additional information, please visit www.bhh.com/thespa.

About the Boston Harbor Hotel:

The Boston Harbor Hotel is Boston's landmark waterfront hotel and a recent recipient of the Mobil Travel Guide Five Star Award. A member of Preferred Hotels & Resorts Worldwide, it is Boston's only independent grand hotel. With its dramatic archway and domed rotunda at historic Rowes Wharf, the building is considered an architectural treasure and is one of the most photographed buildings in New England. For additional information, please visit our website at www.bhh.com.

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