

## Calendar Listing

# **The Boston Harbor Hotel's Spa at Rowes Wharf Invites You to Indulge in Festive Peppermint Treatments this Winter**

*Treat senses to restorative peppermint experiences*



**WHAT:** Come and enjoy a relaxing Peppermint Twist Body Treatment and Massage, or a revitalizing Peppermint Goji Facial this holiday season at the Spa at Rower Wharf. These restorative peppermint experiences will leave you tingly all over as you enjoy the many benefits of this festive flavor.

The active ingredients, which include peppermint extract, sandalwood, cypress, rosemary, and thyme essential oils contain many nutrients such as iron, vitamin A & C, riboflavins, and Omega 3 fatty acids. These ingredients and oils are vital in maintaining healthy skin.

**About facial:** A natural, nutrient mask with essence of peppermint and goji berry, will provide a long lasting radiant glow. The winter Peppermint Goji Facial will leave you feeling hydrated, fresh and restored. Goji Berries contain 18 amino acids, more Beta Carotene than carrots, more iron than spinach, and 21 trace minerals. Goji Berries contain Vitamin B1, B2, B6, and Vitamin E (rarely found in fruits, only in grains and seeds). The Goji Berry contains 500 times more Vitamin C by weight than oranges!

**About massage:** This treatment begins with a gentle exfoliating Signature Sugar Scrub, highlighted with the essence of peppermint, then gently washed away with a raindrop Vichey Shower. The entire body is deeply massaged with a peppermint cream, from head to toe. You will leave feeling refreshed, rejuvenated and relaxed.

**WHEN:** *Twist Yourself in Peppermint* will be offered from December 1<sup>st</sup> 2006 – March 31<sup>st</sup> 2007

**COST:** Facial: \$115, 50 MINUTES (Inclusive of gratuity)  
Message: \$140, 80 MINUTES (Inclusive of gratuity)

**CONTACT:** The Spa at Rowes Wharf  
Boston Harbor Hotel  
70 Rowes Wharf

To make an appointment, or to get more information call 617-439-3914.

The Spa at Rowes Wharf at Boston Harbor Hotel features luxurious manicure and pedicure equipment and a tiled Jacuzzi and 60-foot indoor heated swimming pool. In addition to the full host of natural treatments, including aromatherapy, massage, facials, and body, hand and foot treatments, the Spa at Rowes Wharf also offers a variety of spa packages and an extensive array of massages and services.

**About the Boston Harbor Hotel:** The Boston Harbor Hotel is Boston's landmark, waterfront hotel located at Rowes Wharf overlooking historic Boston Harbor. The property has been awarded Mobil-rated four star and AAA-rated four diamond status. The Boston Harbor Hotel is a member of Preferred Hotels & Resorts Worldwide and has earned such distinctions as "Best Hotel, General Excellence" by Boston Magazine and one of the "World's Best Places to Stay" on the Gold List by Condé Nast Traveler. For additional information, please visit the Boston Harbor Hotel web site at [www.bhh.com](http://www.bhh.com).

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